

# A Family Prayer

Loving God, you know us and all that we are facing.

We thank you that we can come to you as we are – with all our fears and concerns, our difficulties and challenges.

Please draw close to each of us and those we remember before you now.

Bring to us your peace and comfort.

And fill us with your Spirit that we may be bearers of your grace and hope to others.

As a country protect us, encourage us and keep us.

In the name of your Son Jesus we pray. Amen.

# Prayers for the nation

Lord Jesus Christ,  
In these dark and difficult days  
we turn our hearts to you.  
In ages past you have delivered  
our nation from disaster.  
Do it again we pray.

Give Wisdom beyond human  
wisdom to our leaders.  
Give strength beyond human  
strength to the NHS and all our  
frontline workers.  
Give comfort beyond human  
comfort to children and the  
elderly and all who grieve.

Lord, Jesus Christ. In these  
dark and difficult days, turn  
your face towards us, have  
mercy upon us, and heal our  
land we pray. Amen

Loving God,  
your Son Jesus Christ came  
that we might have life and  
have it abundantly;  
pour out your blessing upon  
our nation;  
where there is illness,  
bring your healing touch;  
where there is fear,  
strengthen us with the  
knowledge of your presence;  
where there is uncertainty,  
build us up in faith;  
where there is dishonesty,  
lead us into truth;  
where there is discord,  
may we know the harmony of  
your love;  
this we ask in Jesus' name.  
Amen.



## PRAYER FOR THE NATION

*The Archbishops of Canterbury and York and senior church leaders have called a month of Prayer for the Nation during the second lockdown.*

*The suggestion is that as many of us as possible unite to do this at 6pm each day.*

*These prayers and themes are offered as tools to enable all to participate and are intended simply as suggestions.*

Loving God,  
at this time of crisis  
when so many are suffering,  
we pray for our nation and our  
world.

Give our leaders wisdom,  
our Health Service strength,  
our people hope.  
Lead us through these parched  
and difficult days  
to the fresh springs of joy and  
comfort that we find in Jesus  
Christ our Lord.  
Amen

Loving Father God  
Be with us in our distress:  
with our families, friends and  
neighbours,  
our country and our world.  
Give health to the sick,  
hope to the fearful,  
and comfort to the mourners.  
Give wisdom to our frontline  
and key workers,  
insight to our government  
and patience to us all;  
Overcome disease with the  
power of your new life,  
through your Son, Jesus Christ  
our Lord. Amen

# Daily Themes

|                  |   |
|------------------|---|
| <b>Sunday</b>    | Family, friends and loved ones  |
| <b>Monday</b>    | Schools and colleges, children and young people                             |
| <b>Tuesday</b>   | Elderly, isolated and vulnerable  |
| <b>Wednesday</b> | Businesses, the workplace and economic wellbeing                            |
| <b>Thursday</b>  | The NHS and other key workers   |
| <b>Friday</b>    | National and Local government   |
| <b>Saturday</b>  | All who are grieving, and all suffering with physical and mental ill-health |

## **Sunday Family, friends and loved ones**

We lift to God those we hold in our hearts – praying for their health, their well-being and their sense of hope.

We pray that even when loved ones cannot physically be together they would not feel apart.

We ask for God's help in our communicating, our connecting and our caring.

## **Monday Schools and colleges, children and young people**

We pray for all those involved in the shaping of young lives.

We give God thanks for the sacrifice and commitment of teachers and all those involved in serving children and young people in education.

We pray that all might be

nurtured and cared for and that every needful resource would be made available – that all lives can flourish even in these difficult times and that no-one would be overlooked.

## **Tuesday Elderly, isolated and vulnerable**

We echo God's commitment to those most at risk of this virus by praying today for those who are particularly vulnerable and isolated: praying for their deliverance, protection and comfort.

We hold before God those who care for them – that they would be strengthened and encouraged in this work.

## **Wednesday Businesses, the workplace and economic wellbeing**

In this time of great challenge, we pray for the economic wellbeing of the country.

We remember before God those who face great uncertainty in their work.

We lift before God those who have lost their jobs and face an uncertain and difficult future. We pray for a renewed commitment to our common life together.

## **Thursday The NHS and other key workers**

Our God is the great healer – and the agent used more than any other is the NHS. Today we voice our gratitude for those who serve this country in the National Health Service and pray for that God would prosper the work of their hands – that they would all be encouraged in their continued work of sacrifice and care amongst us.

## **Friday National and Local government**

We pray for those who are

in positions of authority with responsibility for decision making at national and local level at this difficult time. We ask that God would give great wisdom, deep commitment to all and right judgment.

## **Saturday All who are grieving, and all suffering with physical and mental ill-health**

*'Lord the one you love is ill....'*  
*John 11 v 3*

We bring to God all those who suffer in body, mind, spirit or with grief. We ask that in God's great loving kindness they might know God's sustaining presence amidst their pain.

We pray for those who are stretched beyond their own capacity to cope and remain hopeful – that in the roar of these waterfalls God would bring a sense of coherence, comfort and strength.

## A Grace

Dear God

We are grateful for all that you have given to us – this food, each other and our health.

We pray for those who lack these things we enjoy.

Give us thank full hearts and opportunities to share your gifts with others.

We lift before you this country in these difficult days – and pray you would protect us, encourage us and keep us.

Amen.